

Email

example@example.com

Birthdate

Month Day Year

Age**Gender**

Male

Female

Permission to contact via email?

Yes

No

Education (Highest Level Completed)**Degrees / Certificates****Other Training****Employer (Current or Last)****Position****Years Employed Here**

II. MARITAL STATUS

Marital Status (Check all that apply)

- Single
- Dating
- Engaged
- Married
- Divorced
- Separated
- Widowed
- Remarried
- Living Together & Unmarried

III. HEALTH INFORMATION

My health is ...

- Very Good
- Good
- Average
- Less-than-average
- Poor

Current Health Issues

Primary Physician (Name & Facility)

Date of Last Medical Examination

Are you currently taking medications?

Yes

No

List of current medications: (include psychotropic medications)

	Name	Dosage	Frequency	Reason for use
Medication #1				
Medication #2				
Medication #3				
Medication #4				
Medication #5				
Medication #6				

Have you used drugs for other than medical purposes?

Yes

No

Which drugs?

Do you drink alcoholic beverages?

Yes

No

How much in one week?

Do you smoke?

Yes

No

What do you smoke? How often?

Approximately how many hours of sleep do you get each night?

Describe any recently changed sleeping habits?

IV. FAMILY HISTORY

Describe your parent's involvement in your life?

V. MARRIAGE INFORMATION

Name of Spouse

First Name Last Name

Age of Spouse

Spouse's Religion

Spouse's Education

Spouse's Employer / Occupation

Wedding Date

Month Day Year

How old were you when you were married?

How old was your spouse when you were married?

Length of engagement relationship:

Briefly describe your relationship:

Are you currently separated?

Yes

No

Separated since:

Month Day Year

Reason for separation(s):

Has either of you filed for divorce?

Yes

No

When was the divorce filed?

Has either of you been married before?

Yes / No

How many times married?

Husband

Wife

If you were married before, what is the reason(s) the marriage(s) ended?

VI. CHILDREN INFORMATION

Type a question

	Previous Marriage?	Name	Age	Sex	Living?	Education in years	Marital Status	Living with you?
Child #1								
Child #2								
Child #3								
Child #4								
Child #5								
Child #6								
Child #7								
Child #8								

Do you have any child support responsibilities or income?

VII. RELIGIOUS BACKGROUND

What religion do you associate with?

Denominational preference, if any?

Name of the Church you are presently attending:

Church Address

Your Pastor's Name

Are you a member?

Yes

No

How would you describe your theological position?

Catholic

Reformed

Charismatic

Calvinistic

Arminian

Describe your current involvement:

Right to Contact Pastor/Elder *

I understand that TBC&TC reserves the right to contact an Elder/Pastor of the church you are currently attending for spiritual assistance.

How long have you attended?

Does your family attend with you?

Yes

No

Does your pastor know of your decision to seek out biblical counseling?

Yes

No

If so, what church?

Names of previous churches and reasons for leaving:

If no, please state why:

Have you ever been under church discipline?

Yes

No

Baptized?

Yes

No

If you were baptized after infancy, what was your age at the time of baptism?

Father's religion:

Mother's religion:

Describe your own understanding of God:

Explain who Jesus is:

What is the Bible?

Do you believe the Bible is the Word of God and has authority in your life?

Yes

No

Do you have a relationship with Jesus Christ? If so, how did this relationship come about?

Are you forgiven by God?

Yes

No

Not sure

Do you pray to God?

Never

Occasionally

Often

How frequently do you read the Bible?

Never

Occasionally

Please explain any recent changes in your spiritual life:

What do you think God's expectations are of you currently?

What is your greatest spiritual need today?

If you died tonight, and God asked you why should I let you into my Heaven, what would you say?

VIII. PROFESSIONAL SERVICES

Please list all past and current counselors, therapists, psychologists, and psychiatrists you have seen.

Professional's Name	Dates: Start to Finish	Medication Prescribed	Outcome
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#1

#2

#3

#4

#5

#6

IX. BRIEFLY ANSWER THE FOLLOWING QUESTIONS

What is the problem or concern that brings you to Timberlake Biblical Counseling?

What have you done about this problem?

What are your expectations from counseling?

Is there any information we should know about?

How would you describe the difference between Biblical Counseling and professional psychological counseling?

CONFIDENTIALITY AGREEMENT

Please read carefully and sign

I have read and understand the counseling information provided and filled out this form truthfully and to the best of my ability. I understand that the staff counselors are not psychologists or psychiatrists, and may not be state licensed under the state of Virginia statutes. I understand that the counsel is foundationally biblically based. I also understand that:

- 1) Most of the counselors will possess a biblical certification from various certifying agencies, and some may possess additional higher education in counseling.

- 2) Some counselors may be assisted by intern counselors who are working toward their biblical counseling certification (these are students trained and spiritually prepared to counsel).

I also understand that confidentiality of my problem(s) and circumstances will be respected by the counselor(s) and the counseling staff of Timberlake Biblical Counseling and Training Center, or the Elders and/or Pastoral staff of Timberlake Baptist Church. I further understand and agree that intern counselors may be required to discuss my problem(s) with the counseling director and/or another member of the staff when needed. My signature below affirms that I have read and agree with the above consent and statement.

Printed Name *

Today's Date

Month Day Year

COUNSELING POLICIES

CONSENT TO BIBLICAL COUNSEL

On the date set forth below, it is agreed that **Dr. Mark Hager** ("Counselor") will provide biblical counseling services to **{name}** ("Counselee") on the following terms and conditions:

Biblical Counseling: This is a ministry of the Gospel of Jesus Christ and is part of Counselor's practice of religion. Counselee has indicated that Counselee is a Christian and is voluntarily seeking religious guidance (biblical counseling) from Counselor, as a part of Counselee's practice of religion. The goal of biblical counseling is to help Christians become more like Jesus Christ in attitude, thought, and action. Counselor's goal in providing counseling is to help Counselee live life in a God-honoring way. This includes, but is not limited to, providing biblical counsel to assist in meeting the challenges of life, shedding the sin that so easily entangles, learning to develop, cultivate, and live in relationships that please God, giving thanks to God in all circumstances, living in a community of other believers through participation in a local church, and learning to rely on the Holy Spirit for direction as Counselee seeks to know God through the Bible. Although the biblical advice Counselor provides is intended to be practical, it is entirely Counselee's decision how to (and whether to) implement that advice. Counselor wants to help Counselee love God and love others through this process.

Biblical Basis: Counselor believes that the Bible provides sufficient guidance and instruction for faith and life. Therefore, counseling is based on biblical principles rather than those of secular psychology or psychiatry. Counselor is not licensed or certified as a psychotherapist, psychologist, psychiatrist, mental health professional, marriage and family therapist, or social worker, and is not acting in such capacities. If Counselee is unwilling to use the Bible as the final authority in counseling or is unwilling to do the homework assigned, Counselee should not proceed with this counseling.

Professional Advice: Counselor is not providing legal, tax, financial, medical, or other technical or professional advice and Counselor undertakes no duty to recognize or opine when such advice is actually needed, and the parties further agree that no fiduciary or professional client relationship is being created between Counselor and Counselee as a result of this relationship. While the counselee may provide remuneration for the ministerial services provided pursuant to this agreement, such remuneration does not change this relationship from a religious to a "professional" or "fiduciary" relationship.

Confidentiality: Confidentiality is conditional. Although confidentiality is often one aspect of the counseling process and Counselor intends to guard the information received from Counselee, there are a number of situations when it may be necessary or prudent (as determined in Counselor's sole discretion) for Counselor to share information with others. Counselee agrees that Counselor may share information in at least the following circumstances:

- When Counselor is uncertain how to address a problem and needs to seek the advice from a pastor, supervising counselor, or educator. (Proverbs 11:14; 24:6).
- When there is concern that someone is being or may be harmed unless other persons or protective services intervene (Romans 13:1-7)
- When Counselee expresses clear and specific suicidal intent, Counselor may take reasonable measures for the safety of Counselee. Reasonable measures may include notifying police if the Counselee will not cooperate to involve him or herself in a watch-care program or facility.
- If Counselor has reasonable cause to believe that an adult is in need of protective services, Counselor may take reasonable measures to prevent harm. Reasonable measures may include directly advising the potential victim of a threat or intent and/or informing the appropriate protective and/or law enforcement agencies.
- If there is a claim of, the observance of, or clear reasonable cause to suspect the physical or sexual abuse of a child with whom Counselor comes into contact or who is associated with someone to whom Counselor is in contact with, reasonable measures may be taken to ensure the child's protection and/or to fulfill the legal mandate to report such harm to the appropriate governmental protection agencies.
- When Counselor becomes aware of any other criminal activity Counselee is engaged in and Counselee refuses to bring to the appropriate biblical and/or legal authorities.
- When counseling someone who is under familial authority (e.g. wife to husband, child to parent) and if deemed safe by Counselor, Counselor may encourage Counselee to inform Counselee's familial authority of critical issues and/or Counselor may inform the familial authority (Ephesians 5:22-6:4).
- When a person refuses to renounce a particular sin and/or refuses to confess it to those impacted, Counselor may in Counselor's discretion, seek the assistance of a trusted member or leader of any involved church to encourage repentance and/or reconciliation (Proverbs 15:22, 24:11; Matthew 18:15-20).
- When Counselor deems it appropriate or necessary to discuss information with a training observer or an assisting advocate who is involved or observing counseling.
- When Counselee makes a complaint against Counselor, an ACBC counselor, or a counseling center or other related organization, it is agreed that the dispute will be handled biblically, outside the court, and may involve sharing information with an assisting local Church Shepherd and/or the appropriate person(s) within the ACBC organization for complaint resolution purposes.

Please be assured that our counselors strongly prefer not to disclose your personal information to others (if not needed), and they will make every effort to help you find ways to resolve a problem as privately as possible.

Liability: It is intended that the Holy Scriptures (the Bible) shall be the authority governing the counseling process, and that God's glory is the ultimate goal. However, failure of Counselor to interpret or apply the Bible in any particular way shall not subject the Counselor to liability or give rise to complaint by anyone. There shall be no legal or other liability that attaches to Counselor or any related institution or person for any advice, methods, conduct, or any act or omission related in any way to the service that is provided, and Counselee acknowledges that Counselee is voluntarily seeking this counsel (free from coercion, duress, or pressure) with a full understanding of the nature, purpose, and effect of this agreement.

Termination: At any time and for any reason, Counselor or Counselee may terminate counseling. However, termination will not preclude Counselor from making the disclosures set forth above if deemed appropriate by Counselor, or if compelled by other legal means. Counselor is not required to keep records, but if records are made, Counselor may destroy any such records without incurring liability.

Resolution of Conflicts: On rare occasions, a conflict may develop between a Counselor and a Counselee. In order to make sure that any such conflicts will be resolved in a biblically faithful manner (the Bible prohibits lawsuits in court among believers; 1 Cor. 6:1-8), the parties agree that if a conflict arises, the conflict will be resolved according to the ACBC dispute resolution proceedings, which are then operative. That conflict resolution policy may be found at

<https://biblicalcounseling.com/acbc-member-complaint-case-policy/>.

BY SIGNING THIS DOCUMENT, YOU ARE IRREVOCABLY WAIVING ANY RIGHT THAT YOU MIGHT HAVE TO A TRIAL BY JURY OR JUDGE IN A JUDICIAL PROCEEDING.

If any provision of this agreement shall be held invalid, illegal, or unenforceable, only that provision shall be stricken and the remainder of the agreement shall be in no way affected. By signing below, the parties agree to the terms and conditions set forth in this document and acknowledge that Counselor would not enter into this counseling relationship without each term set forth above.

Print Name *

First Name Last Name

The Timberlake Biblical Counseling and Training Center (TBC&TC) is a non-profit organization and a member of the Evangelical Council for Financial Accountability. The TBC&TC is a ministry of Timberlake Baptist Church. The purpose of this ministry is to provide biblical counseling services for you as a counselee, and to provide training opportunities for the church and community in Historic Biblical Counseling.

Because this is a training ministry as well, please be aware that we are always training new counselors. It is possible that a counselor trainee will be observing the counselor and the counseling process for their own certification requirements. Trainees are subject to the same guidelines of confidentiality as your counselor.

The counseling center is supported primarily through suggested donations and book fees for services rendered, and personal donations from people like you. In order to continue to offer quality biblical counseling to the community, suggested donations are required at the beginning of each session. Please make your checks out to Timberlake Baptist Church. If you are unable to pay the suggested amount, please discuss this in advance with your counselor. Credit or Debit Cards cannot be used with these services.

All independent donations TBC&TC are tax deductible and will be used to further the counseling services to our community. Please be generous.

Counselors at TBC&TC are equipped with a variety of education and spiritual qualifications and experience, but all are biblically certified by IABC and qualified to assist you with your problems biblically. We are not psychologists and are not licensed as such.

Your counselor will not be available for telephone conversations due to their schedules. If you have an emergency, please call the counseling number (434-237-6464) to talk with a counseling representative or leave a message for a returned call at the soonest possible time.

Due to the increasing demands for our counseling services, we ask that you cancel your appointment at least two days in advance in order that we can offer the time to someone on the waiting list. Three cancelations without prior notice will forfeit the privilege of future counseling sessions, or a required cash deposit may be requested prior to resuming the counseling relationship.

I have fully read and understand the policies of TBC&TC as written above: (Please sign and date in space below)

Date *

Month Day Year

Date

Month Day Year

ATTITUDE & ATMOSPHERE OF THE COUNSELING RELATIONSHIP AT TBC&TC

1. The goal of the counseling relationship is to find out what is pleasing to the Lord (Ephesians 5:10)
2. We will always remember that the Christian Spirit of love in our dialog and biblical engagement will be with kindness and tenderheartedness. (Ephesians 4:32)
3. Energy expended in dialog and debate should be directed towards finding biblical solutions rather than assessing blame for the problem. (James 4:1-5)
4. The counselor will establish the proper rules of communication engagement and interaction during each session. (Ephesians 4:15)
5. Assignments and homework will be part of the counseling session and are expected to be completed prior to scheduling another counseling appointment.
6. Counselors will create the counseling agenda based upon their assessment and the counseling plan.
7. Payment of the session should be paid at the beginning of the session. Note: TBC&TC does not bill for counseling, nor will we allow counseling session to accumulate for later billing.
8. Counseling sessions are typically 45 minutes to 1 hour per session and are to be determined by the counselor.
9. Counselee's that are "no shows" will have to pre-pay a \$25 fee in addition to the regular fee at their following session for future counseling considerations.

10.

TBC&TC believes and protects the privacy of the counselee, but not the secular legal “confidentiality” that excludes consulting Spiritual leaders and Elders in the counseling process.

11. Some of the biblical counselors at TBC&TC may or may not be licensed counselors but all the counselors are biblically trained in one or more biblical organizations that certify biblical counselors.
12. Disrespect or verbal assaults on the counselor or another counselee may result in termination of the counseling relationship.
13. Resources and other counseling costs involved in the counseling process will be the responsibility of the counselee.
14. Cancellation policy is at least 24 hours prior to the scheduled appointment. No refunds for any prior counseling, counseling fees, books, and resources purchased.

WHAT IS BIBLICAL COUNSELING?

Please read carefully...

Date

Month Day Year

I. The Distinctiveness of Biblical Counseling

1. We are called to minister to the whole person within the Body of Christ.
2. We believe that a personal, vital saving knowledge of Jesus Christ is essential to salvation and is the foundation of all true biblical counseling. As such, we are committed to a wise and winsome confrontation of those who seek counseling and are not believers in the Person of Christ.
3. Our thrust in counseling involves:
 - a. Creating a spiritual mindset with the Bible.
 - b. Diagnosing and dealing with the problem(s) presented.
 - c. Discipleship and spiritual growth.
 - d. Encouraging those who have been helped to be part of a Bible-believing fellowship for accountability and spiritual well-being.

4. The Word of God and its practical application functions as the counselor's primary tool. As such, God instructs us that the Bible is the final and absolute authority in our lives today.
5. The Word of God is a therapeutic tool as well as a theological one, thus it can be used to address emotional problems, as well as psychological and spiritual ones.
6. The work of the Person of the Holy Spirit is an integral part of the methodology and philosophy of biblical counseling. Even though He may not be seen, He is alive and active in the life of the counseling process. The Holy Spirit works to effect change, first in the life of the counselee and the counselor, and then in the situation or circumstances we face.
7. The Scriptures provide the basic standard for every area of life (2 Peter 1:3-5). As such, its system of ethics pertains to any culture and any contemporary situation. Biblical counselors, therefore, possess an ethic for both right and wrong thinking and behavior.

II. The Philosophy of Biblical Counseling (Eph. 5:10)

1. Defined as: Christ-centered and biblically sound counseling that will assist you in solving problems biblically, grow in your faith spiritually, and realize the peace of God in a blessed relationship with Him and others. This methodology is in contrast to typical professional counseling that is man-centered and problem-focused.

2. You will ultimately have...

- The peace of God
- The mind of Christ
- The hope of eternal life

3. You will learn to...

- Love God and others
- Develop a life of prayer and trust
- Solve your own future problems biblically
- Not completely trust your feelings in making decisions, but live by the Truth
- Understand God's plan for your life as revealed in His Holy Word

III. The Methodology of Biblical Counseling (Eph. 4:22-24)

1. Defined as: A biblical model of counseling with supernatural problem-solving results, spiritual mentorship, and biblical encouragement to assist you to think differently and to live differently for Jesus Christ. This requires a systematic learning process of God's Word that will produce godly living and ultimate reconciliation with both man and God in the midst of your trials.

2. Biblical Counseling Illustrated: (Illustration to be explained by the counselor)

Proven method: We will biblically address faith-developing and problem-solving issues every session.

I have read and understand the above described distinctiveness, philosophy, and methodology of Biblical counseling which will be used by the historic biblical counselors at Timberlake Biblical Counseling and Training Center.

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A. We are called to minister to the whole person within the Body of Christ.

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F. The work of the Person of the Holy Spirit is an integral part of the methodology and philosophy of biblical counseling. Even though He may not be seen, He is alive and active in the life of the counseling process. The Holy Spirit works to effect change, first in the life of the counselee and the counselor, and then in the situation or circumstances we face.

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