



2020 ANNUAL IABC CONFERENCE

# UNDERSTANDING THE BIBLICAL PROTOCOL FOR CHANGE: ORIGIN, PURPOSE, & METHODOLOGY

2 TIMOTHY 3:14-17

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*The psychologized counseling world looks for pain relief that **pleases the client**, while Biblical Counselors look at the believer's responses and God's Word that addresses pain and change that ultimately **pleases the LORD!** (Eph. 5:10)*

There must be a  
*vertical dimension* of change  
before we can expect  
a *horizontal dimension* of systematic  
change in our counselees.

Change must begin with an  
**internal redemptive focus** in our  
spiritual journey before real change can  
**consistently happen** in the external part  
of our life.

*14 But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it <sup>15</sup> and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus.*

*16 All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, <sup>17</sup> that the man of God may be complete, equipped for every good work.*

2 TIMOTHY 3:14-17 ESV

## II. 2 TIMOTHY 3 IN CONTEXT (ORIGIN)

- A. Paul told Timothy that he was going to hand the torch to him.
- B. Paul says to Timothy, if you cling to the Scriptures, you will remain true to the end.
- C. **Isaiah 55:11 (ESV)**  
“... so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it.”

### III. VERSES 14-17 SPECIFICS (PURPOSE)

- Verses 14-15 instruct us that the Scriptures are **SALVIFIC.**
- Verses 16-17 instruct us that the Scriptures are **SANCTIFYING.**

#### A. Two divine purposes for Special Revelation:

1. The Scripture is **SUFFICIENT!**
2. The Scripture is **PURPOSEFUL!**

### III. VERSES 14-17 SPECIFICS (PURPOSE)

#### B. Two specific uses of the Scriptures:

1. **Evangelism** for reconciliation.
2. **Instruction** (Edify) for transformation.

# 3. ILLUSTRATED **VISUAL THEOLOGY** OF THE CHANGE EXPECTATIONS:

THE PARALLEL COUNSELING APPROACH TO BIBLICAL COUNSELING



## ***THE PARALLEL PRINCIPLE***

- >> *Determines your responses*
- >> *How you see the issues*
- >> *Reveals what you believe*

### III. VERSES 14-17 SPECIFICS (PURPOSE, CON'T)

C. Our counseling goals are simple:

1. **Evangelize** the lost.
2. **Instruct and edify** the saved.

# 4. FOUR STEP PROCESS [METHODOLOGY]

**[1] TEACHING**

WHAT IS RIGHT

**[4] DISCIPLINED TRAINING**

HOW TO KEEP IT RIGHT  
HEB. 5:14

**[3] CORRECTION**

REDIRECTED HEART  
HOW TO GET IT RIGHT

**[2] REPROOF**

WHAT IS NOT RIGHT  
STOP WHAT YOU WERE DOING

**[CONVICTION]**

TURNING / REPENTANCE

### III. VERSES 14-17 SPECIFICS (PURPOSE, CON'T)

B. Biblical change happens with the **ministry** of the Word – privately and publicly. (Acts 20:20)

1. The counseling office is only the tip of the spear for the ministry of the Word.
2. Connecting them to the Body of Christ is **critical** in the sanctification process. (Illustrated)

# C. THE MINISTRY CYCLE [ILLUSTRATED]

[1] CORPORATE WORSHIP

[2] PM SERVICES  
OR CHURCH ACTIVITY

[3] BIBLE STUDIES

[4] SMALL GROUPS

[6] SUNDAY SCHOOL

[5] PERSONAL DISCIPLESHIP



V. THE TRUST IN THE **SUFFICIENCY OF SCRIPTURE**  
IDENTIFIES GENUINE BIBLICAL COUNSELING.

3 His divine power has granted to us **all things that pertain to life and godliness**, through the knowledge of him who called us to his own glory and excellence, 4 by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.

2 PETER 1:3-4 ESV



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