



Timberlake

BIBLICAL COUNSELING & TRAINING CENTER

The Certificate of Biblical Counseling is designed to meet the needs of pastors, teachers, group leaders, and others seeking structured and systematic validation of their ability to apply God's Word in a discipleship or counseling setting. This program is both cost-effective and time-sensitive, accommodating tight budgets and busy schedules, but with no shortcuts in the training.

Now offering 2 flexible training options!

1. **Weekend Intensives** - Each MIT class will meet in-person for 2 days of intensive training.
2. **Webinar Training** - All MIT classes are now available for \$60 per module online! More information can be found at www.tbccounseling.org.

MODULAR INTENSIVE TRAINING (M.I.T.)

COUNSELING CERTIFICATION

- >> Holds to Biblical Sufficiency
- >> Promotes counselee confidence
- >> Counselor is held Scripturally accountable
- >> Purely historic Biblical Counseling model without compromise

TRAINING GOALS

- >> Personal Counseling
- >> Advocate Training
- >> Spiritual Coaching & Discipleship
- >> Certified as a Biblical Counselor with **several Biblical Counseling Certifying Agencies**

TRAINING FORMAT

- >> 4 Module Classes
- >> Each module is offered in a two day intensive, usually Friday & Saturday
- >> Each module contains 6 sessions
- >> Module 104 guides trainee through counseling and theology exams.



FUNDAMENTALS

MODULE 101

JULY
8 - 9

SESSION TOPICS

- 1 Fundamentals of Counseling Models
- 2 Anthropology & Counseling
- 3 Evangelism in Counseling
- 4 Counseling for Change
- 5 Homework & Counseling
- 6 Motivations & Behaviors

MODULE COSTS ONLY

\$255 / student in class
\$60 / online training

METHODOLOGY

MODULE 102

AUGUST
12 - 13

SESSION TOPICS

- 1 Labels: The Bible & the DSM-V
- 2 Communication Skills
- 3 Biblical Forgiveness
- 4 Biblical Thinking & Self-Talk Skills
- 5 Conflict Resolution Skills
- 6 Counseling Dynamics: Interviewing Skills

MODULE COSTS ONLY

\$255 / student in class
\$60 / online training

PRACTICAL THEOLOGY

MODULE 103

SEPTEMBER
9 - 10

SESSION TOPICS

- 1 Anger & Case Studies
- 2 Depression & Case Studies
- 3 Anxiety & Case Studies
- 4 Marriage & Case Studies
- 5 Parenting & Case Studies
- 6 Addictions & Case Studies

MODULE COSTS ONLY

\$255 / student in class
\$60 / online training

CERTIFICATION

TBA

CERTIFICATION PROCESS

A.I.M. is hand-picked and personally approved by the Director of Counseling. The quality instructional time in the intensive class setting utilizes the vast experience, wisdom and counseling skills of the Director to accelerate the supervision process towards a biblical counseling certification. Additionally, A.I.M. greatly enhances the face to face interviewing and counseling confidence and skill level of the intern counselor.

COST: \$255
(After completing M.I.T. 101-103)

DURATION: 10 Weeks
(1 - 1.5 hr sessions)

BOOKS: Estimated \$105

FOR MORE INFORMATION:



(434) 237-6464



mark@tbccounseling.org



tbccounseling.org

MODULAR INTENSIVE TRAINING (M.I.T.)

The typical training format for the basic training at Timberlake Biblical Counseling and Training Center is the **MODULAR INTENSIVE TRAINING** format (M.I.T.). This training has many advantages to include limited time the student has invested, unbroken continuity of learning, and better exam preparation. The M.I.T. training includes a paperless option for student handouts with the downloadable PDF files for each scheduled training module. Each module contains all of the student notes, supporting documents and handouts for all six sessions in each module.

We believe that biblical counseling and discipleship training will be an enjoyable and life-changing experience for you.

ALL YOUR M.I.T. TRAINING MATERIALS CAN BE PURCHASED & DOWNLOADED FROM THE TBC&TC WEBSITE!

VISIT US ON THE WEB >>

tbccounseling.org/shop

MEET YOUR BIBLICAL COUNSELING TRAINER

Dr. Mark Hager is an ordained pastor and experienced seminary professor that has been involved in local church ministry and counseling for over twenty years. He serves at Timberlake Baptist Church as the Director of Timberlake Biblical Counseling and Training Center. His passion is for suffering people to experience the power and grace of Christ in a deep and personal way.

Dr. Hager is a veteran of the United States Air Force (Vietnam Era) and a former decorated police officer, having served in communities of Miami and St. Louis for total service of over 15 years. Mark and his wife Cindy came to faith in Christ in 1990 through biblical counseling. They have been involved in counseling ever since.

Dr. Hager holds a B.A. and M.Div. in pastoral ministry and a doctorate in practical theology. He is currently completing his PhD in Biblical Counseling from Trinity Theological Seminary. He also holds several counseling certifications and is a national conference speaker and workshop instructor in biblical counseling.



DR. MARK HAGER

ACQUIRING YOUR COUNSELING TRAINING MATERIALS

STEP 1 | VISIT OUR ONLINE SHOP tbccounseling.org/shop

>> For your training, you will need to purchase several resources which are available in the TBC&TC Online Store.

>> Each MIT Training Module requires each student to purchase and download the MIT Student Training Manual notes.

STEP 2 | PURCHASE & DOWNLOAD

>> You may use PayPal or your Credit Card to purchase the PDF download for each of the MIT Training Manuals.

>> You will be responsible for class registration costs, student notes, and agency membership fees.

STEP 3 | OPEN & PRINT MANUAL

>> After downloading your MIT Training manual, be sure to print the documents before class begins.

>> Email us at mark@tbccounseling.org

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